

Patient Profile

Name: Sample User

Date of Birth: 11-Feb-1975 (49 yrs)

Gender: Female

Weight: 170 pounds

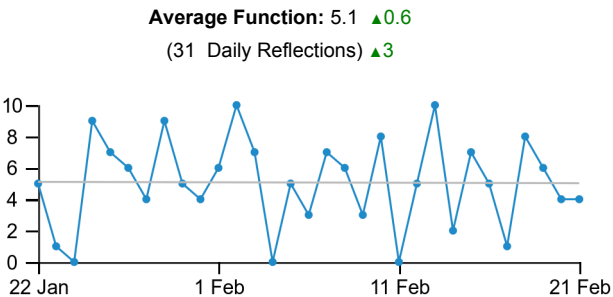
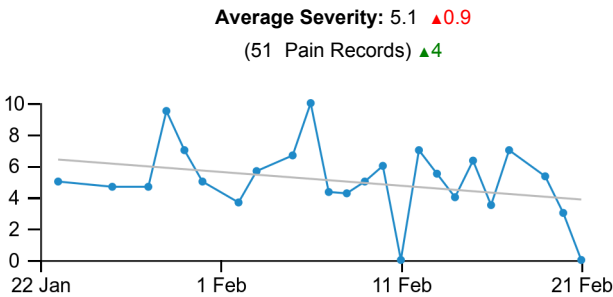
Height: 5 feet 6 inches

Pain Condition	Date of First Symptom	Date of Diagnosis
Arthritis	24-Aug-2023	20-Jan-2010
Fibromyalgia (FM)	--	04-Feb-2015
Headaches	--	--
Neck (Cervical) Pain	--	--
Temporomandibular Joint Disorder (TMJD)	--	--
Back Pain	--	--

Medication	Start Date	End Date	Dosage
Norco (Hydrocodone bitartrate - acetaminophen mixt) - 5/325mg	--	26-Jan-2023	<ul style="list-style-type: none">• 2 tablets every 1 day(s) at 18:30• Take as needed
Acetaminophen / Paracetamol (Generic) - 500g	--	26-Jan-2023	<ul style="list-style-type: none">• Take as needed
Neurontin (Gabapentin) - 300mg	--	--	<ul style="list-style-type: none">• Take as needed
Cymbalta (Duloxetine hydrochloride) - 60mg	--	--	<ul style="list-style-type: none">• Take as needed
Tylenol (Acetaminophen / Paracetamol) - 400mg	--	--	<ul style="list-style-type: none">• Take as needed
Cymbalta (Duloxetine hydrochloride) - 30mg	--	26-Jan-2023	<ul style="list-style-type: none">• Take as needed
Gabapentin (Generic) - 300mg	--	10-Oct-2022	<ul style="list-style-type: none">• Take as needed
Norco (Hydrocodone bitartrate - acetaminophen mixt) - 30/400mg	--	--	<ul style="list-style-type: none">• Take as needed
Norco (Hydrocodone bitartrate - acetaminophen mixt) - 7.5/325mg	--	--	
Duloxetine hydrochloride (Generic) - 60mg	--	--	<ul style="list-style-type: none">• Take as needed
Advil (Ibuprofen) - 400mg	--	--	<ul style="list-style-type: none">• 2 tablets every 1 hour(s)
Pregabalin (Generic)	--	--	<ul style="list-style-type: none">• Take as needed

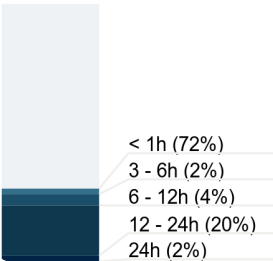
Summary

Trends

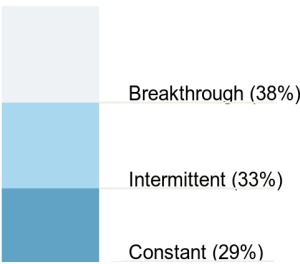


Description

Duration



Type of Pain



Meaningful Activities

Exercised	--	26%
Bathed / Showered	▲ 6%	22%
Connected with supportive people online or through text	▲ 1%	22%

Location

Back (Upper)	▲ 5%	15%
Feet	▲ 5%	15%
Foot (Left)	▲ 10%	13%

Other Associated Symptoms

Lethargy	▲ 14%	21%
Itchiness	▲ 4%	18%
Nothing	▼ 6%	15%

Characteristics

Numbness	▲ 11%	18%
Burning	▼ 2%	15%
Hot	▼ 5%	15%

Triggers

Aggravating Factors

Smoking	▲ 16%	19%
Exercise	▼ 8%	16%
Lack of Sleep	▲ 11%	16%

Environment

Shopping	▲ 29%	36%
School	▲ 6%	28%
Work	▲ 6%	28%

Interventions

Alleviating Factors

Norco (Hydrocodone bitartrate - acetaminophen mixt) - 7.5/325mg	▲ 12%	29%
Advil (Ibuprofen) - 400mg	▲ 15%	21%
Cymbalta (Duloxetine hydrochloride) - 30mg	▲ 3%	14%

Ineffective Factors

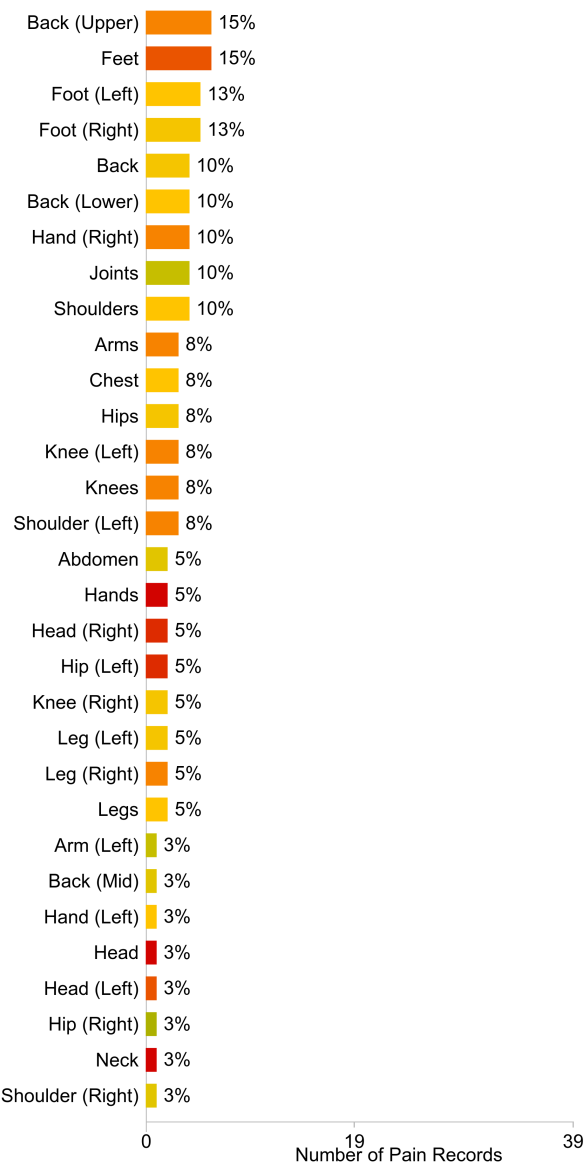
Massage	▲ 2%	18%
Urination	▲ 12%	18%
Nothing	▲ 9%	15%

* Indicates how representative values are of patient's pain profile – all frequencies are calculated using only records that contain information from that section.

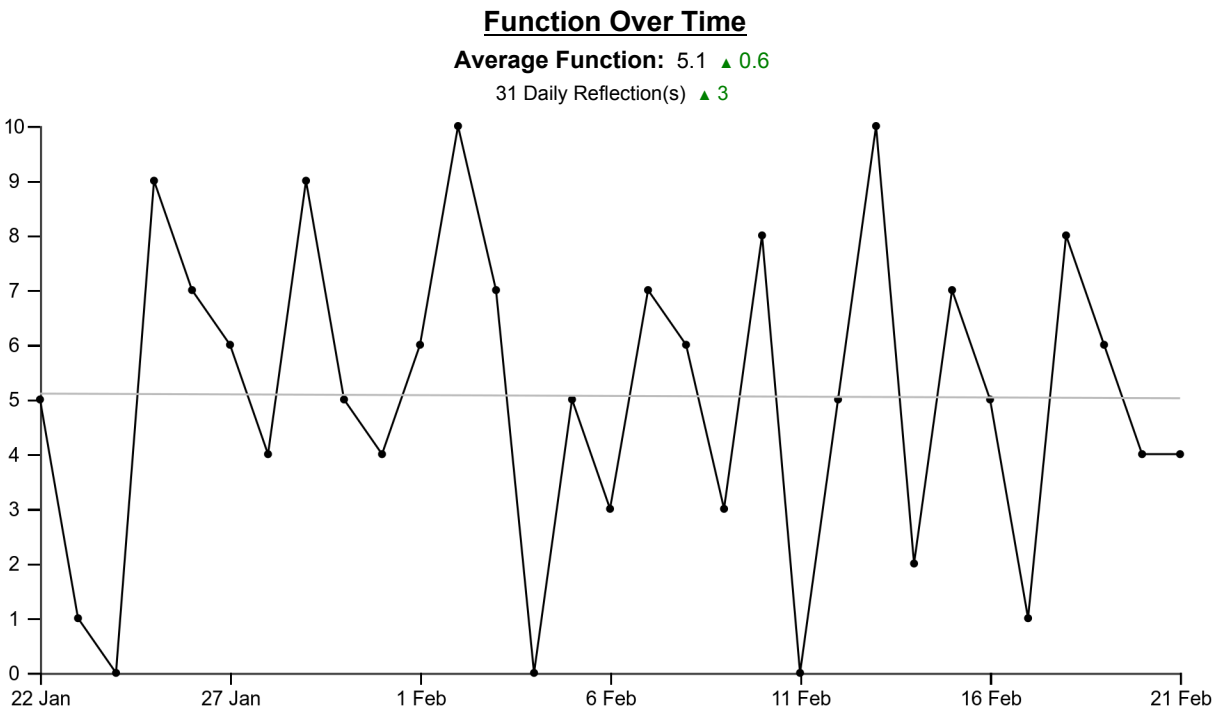
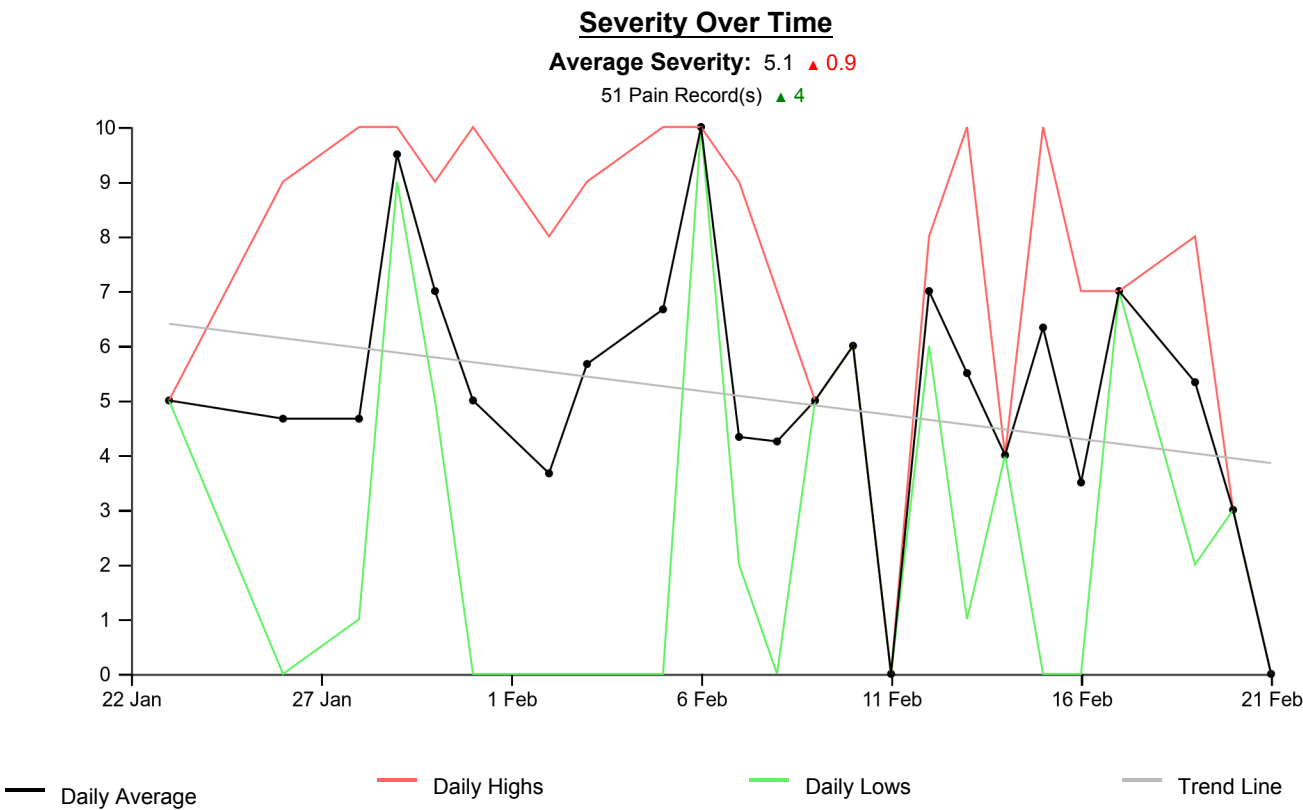
Chart View of Pain - 1/6

Locations

Based on 39 out of 51 (76%) pain records that contain Locations information.



Timeline View









Tracking Activity During Reporting Period
















Active Months: 2/2 (100%)

Active Weeks: 5/5 (100%)


























































Active Days: 31/31 (100%)

-  Alleviating Factor "Stretching" appears in a record on this day
-  Alleviating Factor "Repositioning" appears in a record on this day
-  Alleviating Factor "Ice" appears in a record on this day
-  Alleviating Factor "Massage" appears in a record on this day
-  Alleviating Factor "Heat" appears in a record on this day
-  Alleviating Factor "Inactivity" appears in a record on this day

January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
	 5	  5	 0	 9	 7  4.7	 6
28	29	30	31			
 4  4.7	 9  9.5	 5  7	 4  5			

February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				01	02	03
				 6	 10  3.7	 7  5.7
					 	
04	05	06	07	08	09	10
 0	 5  6.7	 3  10	 7  4.3	 6  4.3	 3  5	 8  6
	 		  	 	 	
11	12	13	14	15	16	17
 0  0	 5  7	 10  5.5	 2  4	 7  6.3	 5  3.5	 1  7
						 
18	19	20	21	22	23	24
 8	 6  5.3	 4  3	 4  0			
						
25	26	27	28	29		

Record Details - 1/25

21-Feb-2024

Meaningful Activities:

Function:



21-Feb-2024 at 10:03 PM

Locations: Back, Back (Lower), Foot (Right)

Other Associated Symptoms: Fainting, Fever, Mental Foggiess

Characteristics:

Aggravating Factor: Pregabalin (Generic) - 5 capsules

Alleviating Factor: Advil (Ibuprofen) - 400mg - 3 tablets

Ineffective Factor: Repositioning

Environments: Shopping, Work

Severity:



Breakthrough
for
19 hours

20-Feb-2024

Meaningful Activity: Worked / studied / volunteered

Function:



20-Feb-2024 at 1:00 AM

Locations: Foot (Left), Knees, Shoulder (Right)

Other Associated Symptom: Constipation

Characteristics: Cramping, Sharp, Throbbing

Aggravating Factors:

Alleviating Factor: Norco (Hydrocodone bitartrate - acetaminophen mixt) - 7.5/325mg - 5 units

Ineffective Factors: Distraction, Talking to Someone

Environment: Shopping

Severity:



Breakthrough
for
15 hours